

## 30 COMMITMENTS TO GROW AS A LEADER IN ANY AREA OF YOUR LIFE

IN OUR SHOES

## How do you want to lead in your life?

Thanks for downloading our Leadership Growth Report. I'm Marisa Santoro, CEO and founder of In Our Shoes.

Looking back at the past year, we gathered the intentions and commitments that were shared by learners who participated in our leader roundtables and training and coaching programs to serve as a resource to our clients, community and business partners.

This report shares their commitments and the ways they planned to take just 5% responsibility for their own growth, based on <u>The Success Principles</u>. This accountability closing exercise serves as a way to ensure that learning doesn't become "shelf-help" and there are practical ways that you can achieve results in real-world scenarios. As a backdrop, the actions outlined here were shared by professionals in the government, corporate and nonprofit sectors, who have been in <u>your</u> shoes.

I believe being an effective leader in any area of your life requires a focus on the holistic you. This is not just about having a successful business or career. It's about setting yourself up for success everywhere, not just on the professional playing field.

What I love about this work is that you can take any intention in this report and apply it to leading as a parent, a spouse or a partner, a coach or even leading with your finances and health or buying a home. I also believe trusting your gut instinct plays a large role in that process, far more than we realize.

What are 1 or 2 commitments that you will make, to grow as a leader? Write them in the space below and share why they matter. It's not enough to quietly reflect. Writing down your thoughts makes them come alive and true for you.

1.

2.

If you found this resource valuable, please share your feedback here: <u>school@inrshoes.com</u>. We'd love to hear from you. Achieving the things that we want in our lives is not only based on what we are *doing*, but on who we are *being* on a day-to-day basis.

Here's to staying committed to your personal and professional vision of success this year, enjoy!  $rac{4}{2}$ ,

Marisa

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1	I advocate for others and champion their work.
2	I take a breath and rethink my immediate reaction before responding.
3	I value concrete suggestions, including from those I find hardest to relate to.
4	I understand and appreciate how others operate, even when it differs from my own style.
5	I am mindful of others' work styles and needs and adjust my approach accordingly.
6	I approach interactions with intention, ensuring my actions align with my words.
7	I tone down my approach and prioritize understanding others' perspectives.
8	I make team-building a priority.
9	I actively listen, even when opinions differ from my own.
10	I ask for others' opinions and provide time for reflection before decisions are made.
11	I de-escalate situations by listening more and speaking less.
12	I compliment others on their achievements.
13	I work on positive communication to avoid coming off as cold or intimidating.
14	I explain my ideas clearly and provide others with the opportunity to respond.
15	I approach challenges with a sense of humor.
16	I am mindful of my tone and how I deliver my message to others.
17	I voice my concerns when necessary to advocate for positive change.
18	I formulate and commit to my 12-week goals to achieve meaningful results.
19	I am mindful of verbal and non-verbal communication to ensure clarity and respect.
20	I embrace opportunities to step out of my routine and approach situations differently.
21	I understand that there is no one-size-fits-all approach to working with others.
22	I venture outside of my comfort zone and take calculated risks.
23	I acknowledge others' unique styles and embrace diverse viewpoints.
24	I provide constructive feedback directly and tactfully when necessary.
25	I listen more and observe to gain insights into others' needs and strengths.
26	I hear others out and stay open to their questions and concerns.
27	I remain diplomatic and patient when navigating difficult conversations.
28	I value the opinions, ideas, and feedback of others to enhance productivity.
29	I take small actions to achieve big results, focusing on consistent effort.
30	I take 5% more responsibility for my actions to achieve a new set of outcomes.